

# THE 65<sup>TH</sup> ICYPAA

INTERNATIONAL CONFERENCE OF YOUNG PEOPLE IN ALCOHOLICS ANONYMOUS

M I N N E A P O L I S




WELCOMES YOU TO:

**A NEW AND  
WONDERFUL  
WORLD**

**AUGUST 28TH-31ST, 2025**

**HILTON MINNEAPOLIS**

# TABLE OF CONTENTS

- 
- 03** Our Theme
  - 04** Past ICYPAA Locations
  - 05** Bid Committee Schedule
  - 06** Conference Information
  - 08** Hotel Information
  - 10** Anonymity 101
  - 11** Grapevine
  - 13** Featured Panels
  - 14** AA Panel Series
  - 15** Featured Events
  - 17** Thursday Programming
  - 18** Friday Programming
  - 21** Saturday Programming
  - 24** Sunday Programming
  - 25** AI-Anon Schedule
  - 26** The 65<sup>th</sup> ICYPAA Host

This PDF program is a static document. The most up to date version of the PDF program will be on our app. If any changes are made, we will upload an updated version of the program to the app.

# WELCOME TO MINNEAPOLIS!

See, it's not **that** cold here! We are so excited to host all of our friends this weekend.


When creating this program we wanted to keep it simple (but not make it stupid). We did our best to stick to the basics of Alcoholics Anonymous: Steps and Traditions.

Minnesota Nice is most DEFINITELY a thing! So, if you see a Host Committee member wearing a multi-colored jersey, don't be afraid to say hello and ask questions! Lost and found is located at Registration.

DOWNLOAD THE ICYPAA APP




# A NEW AND WONDERFUL WORLD



**“Remind the prospect that his recovery is not dependent upon people. It is dependent upon his relationship with God. We have seen men get well whose families have not returned at all. We have seen others slip when the family came back too soon.**

**Both you and the new man must walk day by day in the path of spiritual progress. If you persist, remarkable things will happen. When we look back, we realize that the things which came to us when we put ourselves in God’s hands were better than anything we could have planned. Follow the dictates of a Higher Power and you will presently live in a new and wonderful world, no matter what your present circumstances!”**


**(Alcoholics Anonymous, page 100)**



**“Remind the newcomer that their recovery is not dependent on people. It is dependent upon their relationship with God. We have seen people get well whose families have never come back to or forgiven them. We have seen others slip when the family came back too soon.**

**Both you and your friend must walk along the path of spiritual progress. If you keep going and don’t give up, remarkable things will happen. When we look back, we see that trusting faith brought us wonder. The things that happened when we put ourselves in God’s hands were better than anything we could have planned. Follow the guidance of your Higher Power and you will find yourself in a new and wonderful world.”**

**(Plain Language Big Book: A Tool for Reading Alcoholics Anonymous, page 76)**



# PAST ICYPAA LOCATIONS

1958: 1ST ICYPAA NIAGARA FALLS, NY  
1959: 2ND ICYPAA CHICAGO, IL  
1960: 3RD ICYPAA PHILADELPHIA, PA  
1961: 4TH ICYPAA MILWAUKEE, WI  
1962: 5TH ICYPAA HAMILTON, ON  
1963: 6TH ICYPAA COLUMBIA, SC  
1964: 7TH ICYPAA DETROIT, MI  
1965: 8TH ICYPAA LONG BEACH, CA  
1966: 9TH ICYPAA ST. LOUIS, MO  
1967: 10TH ICYPAA DENVER, CO  
1968: 11TH ICYPAA TORONTO, ON  
1969: 12TH ICYPAA PHILADELPHIA, PA  
1970: 13TH ICYPAA FORT WORTH, TX  
1971: 14TH ICYPAA RENO, NV  
1972: 15TH ICYPAA CLEVELAND, OH  
1973: 16TH ICYPAA SAN FRANCISCO, CA  
1974: 17TH ICYPAA INDIANAPOLIS, IN  
1975: 18TH ICYPAA MEMPHIS, TN  
1976: 19TH ICYPAA PHILADELPHIA, PA  
1977: 20TH ICYPAA HOUSTON, TX  
1978: 21ST ICYPAA ATLANTA, GA  
1979: 22ND ICYPAA VANCOUVER, BC  
1980: 23RD ICYPAA TUCSON, AZ  
1981: 24TH ICYPAA ST. PAUL, MN  
1982: 25TH ICYPAA NEW YORK, NY  
1983: 26TH ICYPAA CINCINNATI, OH  
1984: 27TH ICYPAA CHICAGO, IL  
1985: 28TH ICYPAA DENVER, CO  
1986: 29TH ICYPAA MIAMI, FL  
1987: 30TH ICYPAA BOSTON, MA  
1988: 31ST ICYPAA NASHVILLE, TN  
1989: 32ND ICYPAA SALT LAKE CITY, UT

1990: 33RD ICYPAA MONTREAL, PQ  
1991: 34TH ICYPAA SAN FRANCISCO, CA  
1992: 35TH ICYPAA CLEVELAND, OH  
1993: 36TH ICYPAA NEW YORK, NY  
1994: 37TH ICYPAA ATLANTA, GA  
1995: 38TH ICYPAA HONOLULU, HI  
1996: 39TH ICYPAA ANAHEIM, CA  
1997: 40TH ICYPAA ESTES PARK, CO  
1998: 41ST ICYPAA WASHINGTON, D.C.  
1999: 42ND ICYPAA HOUSTON, TX  
2000: 43RD ICYPAA ALBUQUERQUE, NM  
2001: 44TH ICYPAA DETROIT, MI  
2002: 45TH ICYPAA LOUISVILLE, KY  
2003: 46TH ICYPAA PORTLAND, OR  
2004: 47TH ICYPAA ORLANDO, FL  
2006: 48TH ICYPAA NEW ORLEANS, LA  
2007: 49TH ICYPAA LOS ANGELES, CA  
2008: 50TH ICYPAA OKLAHOMA CITY, OK  
2009: 51ST ICYPAA ATLANTA, GA  
2010: 52ND ICYPAA NEW YORK, NY  
2011: 53RD ICYPAA SAN FRANCISCO, CA  
2012: 54TH ICYPAA ST. LOUIS, MO  
2013: 55TH ICYPAA PHOENIX, AZ  
2014: 56TH ICYPAA SAN ANTONIO, TX  
2015: 57TH ICYPAA MIAMI, FL  
2016: 58TH ICYPAA NASHVILLE, TN  
2017: 59TH ICYPAA CHICAGO, IL  
2018: 60TH ICYPAA BALTIMORE, MD  
2019: 61ST ICYPAA BOSTON, MA  
2022: 62ND ICYPAA NEW ORLEANS, LA  
2023: 63RD ICYPAA SAN FRANCISCO, CA  
2024: 64TH ICYPAA AUSTIN, TX  
2025: 65TH ICYPAA MINNEAPOLIS, MN

# BID COMMITTEE SCHEDULE

## MEET AND GREET

Thursday  
SYMPHONY  
4:45 PM - 5:45 PM

## BID TABLE VISITS

Friday  
SYMPHONY  
Doors Open at 8:15 AM  
9:15 AM - 12:15 PM Advisory Visits

## BID PRESENTATIONS

Saturday  
MINNEAPOLIS BALLROOM  
9:00 AM

## SITE SELECTION

Approximately 2 hours after the  
close of Bid presentations will  
be Site Selection via Third  
Legacy Voting

## DEBRIEFING

Approximately 20 minutes after site selection, the Advisory  
Council will meet with the interim host committee in the  
Executive Lounge on the first floor of the Hilton by Concierge

Simultaneously, Advisory will debrief with the remainder of the  
bid committees in ORCHESTRA AB



## **Registration**

Main Registration will be open for the duration of the conference from 3:00 PM to 12:00 AM on Thursday, 8:00 AM to midnight Friday; and 8:00 AM to 9:00 PM on Saturday. Registration will be closed during the main meetings. Registration is located in Red Wing on the third level. AA and Al-Anon conference approved literature will be available for purchase as well.

## **Badges**

All conference attendees must wear an ICYPAA badge at all times while on the hotel property. We appreciate your cooperation as this will allow our security team to operate most effectively. Entrance to conference events will not be allowed without a badge. Please come to the registration area outside of the Minneapolis Ballroom on the third floor to register and pick-up your badge.

## **Speaker Recordings**

All Main Meetings, Panels, and Workshops are being recorded. The recordings will be accessible for free on [icypaa.org](http://icypaa.org) shortly after the conference. You must log in to your personal account on [icypaa.org](http://icypaa.org) to access recordings.

## **Declaration of Unity**

This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

## **ICYPAA Forum**

Q&A with Advisory Council. Modeled after the quarterly Regional Forums hosted by GSO, the ICYPAA Forum is an opportunity for ICYPAA attendees to help keep the Advisory Council accountable to those in a sharing session, ask any questions, and have them honestly and transparently answered. Questions/comments may be submitted in person, anonymously by basket, or via email to [advisory@icypaa.org](mailto:advisory@icypaa.org).

## Anti-Discrimination Policy

ICYPAA expressly prohibits any form of discrimination by or against its Advisory Council Members, Host Committee Members, Bid Committee Members, or attendees of the annual conference or events, and all participants in ICYPAA operated or moderated websites, Internet forums, or social media pages based on age, race, color, religion, sex, national origin, creed, disability, veteran's status, sexual orientation, gender identity or gender expression.

## Anti-Harassment Policy

ICYPAA expressly prohibits any form of harassment or sexual harassment by or against any Advisory Council members, Host Committee members, Bid Committee members, attendees of the annual conference events, and all participants in ICYPAA-operated or -moderated websites, Internet forums or social media pages. **The NDAH Policy can be found, in its entirety, at [icypaa.org/ndahp.pdf](http://icypaa.org/ndahp.pdf)**

## Statement of Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides within the group conscience. Therefore, we ask that group members and others refrain from any behavior that might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.



# WELCOME TO THE HILTON MINNEAPOLIS

Check-in: 3:00 PM

Check-out: 11:00 AM

To help you navigate to where all of the events and meetings will take place, we have done our best to ensure that everything is as centrally located as possible.

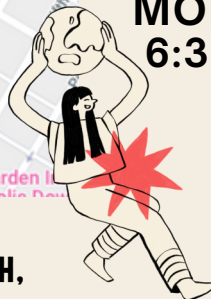
All ICYPAA festivities will be held at Hilton Minneapolis aside from the Pre-Con event, which will be held at the Mall of America...yay!

Remember...

We are all guests of the hotel and representatives of Alcoholics Anonymous. Please be respectful of the staff, each other, and the facilities.

**TEN 01  
MARKET & SOCIAL  
HOURS**

**MONDAY – SUNDAY  
6:30 AM – 10:00 PM**



**HILTON MINNEAPOLIS**

**1001 MARQUETTE AVE SOUTH,  
MINNEAPOLIS, MN 55403**

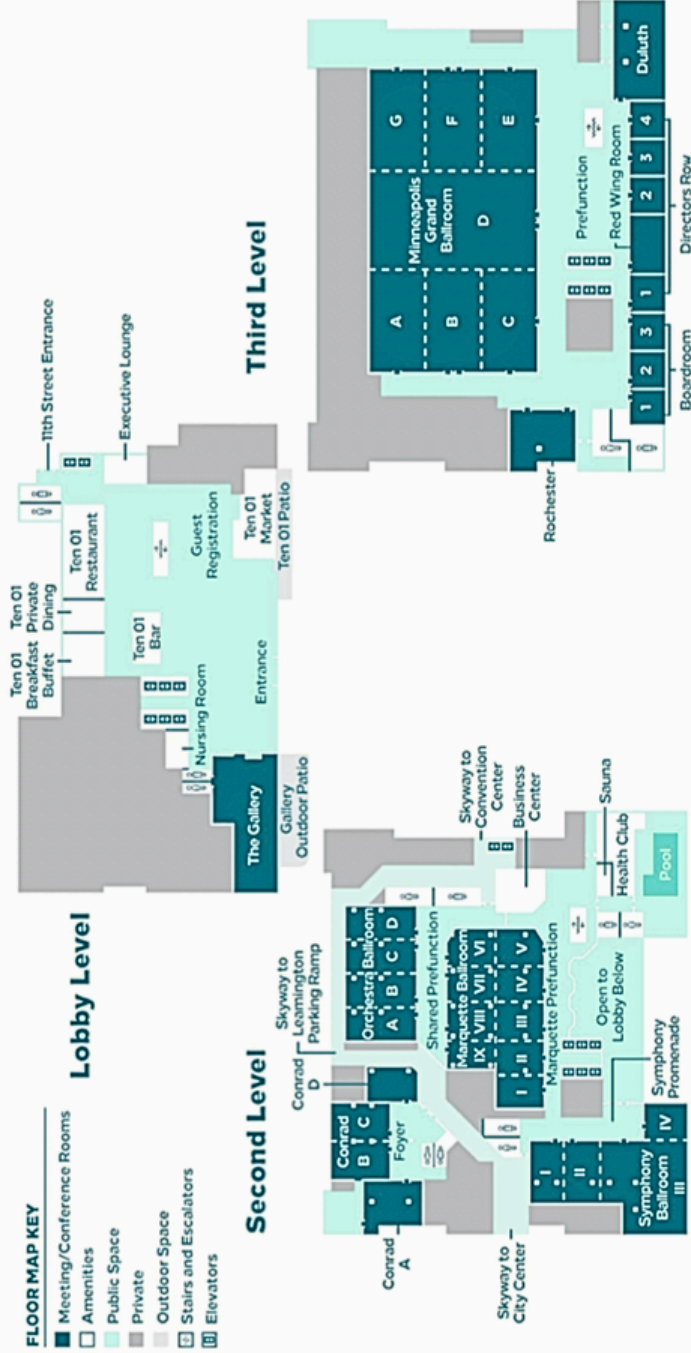
# FLOOR MAP KEY

- Meeting/Conference Rooms
- Amenities
- Public Space
- Private
- Outdoor Space
- Stairs and Escalators
- Elevators

## Lobby Level

## Second Level

## Third Level



# ANONYMITY 101 – HELPFUL SUGGESTIONS

**WHAT?** Respect Anonymity! Please avoid taking or posting photos or videos that would “break” anonymity. If you do take pictures or videos with permission, please look around and avoid convention signs, logos, badges or other A.A. items that, if captured in your photo/video, might suggest A.A. membership...

**WHO?** Everyone! Practicing A.A. traditions of anonymity is our collective responsibility. Please be considerate so you do not capture images of A.A. members, family members and friends in or around Convention venues who did not give permission and may not wish to appear in your photos/videos...  
Please do not take photographs or videos during any of the meetings at ICYPAA... Remember: this includes all meetings.

**WHAT ELSE?** Press and Social Media! Please avoid sharing about ICYPAA on publicly visible social media. This includes personal, and public online platforms, such as Instagram, Facebook, TikTok, YouTube etc.

Because Anonymity ...protects A.A. ...protects individual members ...helps prevent people from exploiting A.A. for personal gain ...helps emphasize that all A.A. members are equal.

**WHY?** Co-founder Bill W. wrote, “We are sure that humility, expressed by anonymity, is the greatest safeguard Alcoholics Anonymous can ever have.” Tradition Eleven states “Our public relations policy is based on attraction rather than promotion. We need always maintain personal anonymity at the level of press, radio, and films.”

Tradition Twelve (Short Form): “Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.”

# GRAPEVINE

## **The AA Grapevine Mission Statement**

The AA Grapevine, Inc. is publisher of the International Journal of Alcoholics Anonymous. Its primary purpose is to carry the AA message to everyone interested in alcoholism through its magazines, websites, and related items, which reflect the experience, strength, and hope of its members and friends on topics related to recovery, unity and service. It strives in all its activities to operate in accordance with the Twelve Steps, the Twelve Traditions, and the Twelve Concepts of AA, without soliciting monetary contributions from AA members or groups to fund operating expenses.

## **The AA Grapevine Statement of Purpose**

The AA Grapevine is the international journal of Alcoholics Anonymous. Written, edited, illustrated, and read by AA members and others interested in the AA program of recovery from alcoholism, the Grapevine is a lifeline linking one alcoholic to another. Often referred to as our "meeting in print," the AA Grapevine communicates the experience, strength, and hope of its contributors and reflects a broad geographic spectrum of current AA experience with recovery, unity, and service. Founded in 1944, the Grapevine does not receive group contributions, but is supported entirely through magazine subscription sales and additional income derived from the sale of Grapevine items. The awareness that every AA member has an individual way of working the program permeates the pages of the Grapevine, and throughout its history the magazine has been a forum for the varied and often divergent opinions of AAs around the world. As such, articles are not intended to be statements of AA policy, nor does publication of any article imply endorsement by either AA or the Grapevine. As Bill W. expressed it in 1946, "The Grapevine will be the voice of the Alcoholics Anonymous movement. Its editors and staff will be primarily accountable to the AA movement as a whole. . . . Within the bounds of friendliness and good taste, the Grapevine will enjoy perfect freedom of speech on all matters directly pertaining to Alcoholics Anonymous. . . . Like the Alcoholics Anonymous movement it is to mirror, there will be but one central purpose: The Grapevine will try to carry the AA message to alcoholics and practice the AA principles in all its affairs.

# OTHER RESOURCES

**LITERATURE SALES – THIRD FLOOR  
PRE-FUNCTION**

**ARCHIVES – DIRECTORS ROW 2**

**THURSDAY: 1:00PM–5:00PM**

**FRIDAY: 11:00AM–5:00PM**

**SATURDAY: 11:00AM–5:00PM**



**ACCESSIBILITY/SPANISH INCLUSION –  
DIRECTORS ROW 4**

**HOSPITALITY – ROOM 2320 –  
OPEN 24/7**

# PANEL SERIES

## The Door Is Always Open Series

**Episode 1: When Time Doesn't Save You**

**Episode 2: Relapse: Why Can't I Stay?**

Relapse is part of many of our stories before, and sometimes even after, we put the drink down. What happens when time in the program doesn't guarantee immunity from old behavior? What can we do when we find ourselves starting over — again? This series explores the painful, but humbling experience of relapse and the hope that exists on the other side. With honest conversations and lived experience, we'll look at the spiritual, emotional, and practical tools that help us return, rebuild, and recommit, because the door is always open.

## Ohmmm or Ummm? Series

**Episode 1: Ancient Wisdom, Modern Recovery**

**Episode 2: One Step at a Time, Walking Meditation**

Step 11 suggests we seek to improve our conscious contact with a Higher Power through prayer and meditation—but what does that actually look like? For those who struggle with traditional meditation or are looking to deepen their spiritual practice, this series explores different approaches to mindfulness and meditation that can enhance our sobriety and connection to something greater.

## The Power of Service Series

**Episode 1: Home Group Service**

**Episode 2: Area & District Service**

**Episode 3: Young People in Service**

Service is an integral part of our recovery journey, offering us the chance to connect with others, practice humility, and strengthen our commitment to sobriety. In this series, we explore how different types of service—at the home group, area/district level, and within YPAA—allow us to live the principles of Alcoholics Anonymous, not just in meetings, but in all aspects of life.

## Life on Life's Terms Series

**Episode 1: From Newcomer to New Parent**

**Episode 2: Sober Scholars**

**Episode 3: Packing Up & Staying Put**

Sobriety doesn't mean life stops happening. Whether we're experiencing exciting new beginnings or navigating major transitions, recovery is a foundation that helps us show up for life—without drinking or using. This series explores how alcoholics in recovery navigate pivotal life changes while staying spiritually fit.

# FEATURED PANELS

**4:00 PM**  
**THUR**

**How Do I ICYPAA?**

Orchestra C

**69**

**12:30 AM**  
**FRI**

**Are You My  
Higher Power?**

Orchestra C

**69**

**11:45 AM**  
**FRI**

**Safe Spaces**

Orchestra C

**69**

**2:00 PM**  
**FRI**

**High School  
High Stakes**

Orchestra C

**69**

**2:15 PM**  
**FRI**

**All My Relations**

Symphony Ballroom

**69**

**4:15 PM**  
**FRI**

**Fraternizing with  
Alcohol's Cousins**

Orchestra C

**69**

**4:45 PM**  
**FRI**

**Becoming Self-  
Supporting**

Symphony Ballroom

**69**

**10:30 PM**  
**FRI**

**Reaching Out  
the Hand**

Orchestra C

**69**

**9:15 AM**  
**SAT**

**The Next Frontier**

Symphony Ballroom

**69**

**11:15 AM**  
**SAT**

**The Dark Crannies  
of Our Past**

Symphony Ballroom

**69**

**2:00 PM**  
**SAT**

**Page 69: Non-Binary &  
Gender-Queer Folks**

Marquette IV

**69**

**2:00 PM**  
**SAT**

**Page 69: Women  
& Femmes**

Symphony Ballroom

**69**

**2:00 PM**  
**SAT**

**Page 69: Men &  
Mascos**

Orchestra C

**69**

**4:15 PM**  
**SAT**

**In Search of  
Belonging**

Symphony Ballroom

**69**

**10:15 PM**  
**SAT**

**The Real  
Grapevine**

Orchestra C

**69**

# ICYPAA FORUM



MINNEAPOLIS BALLROOM  
2:15 PM - 3:45 PM

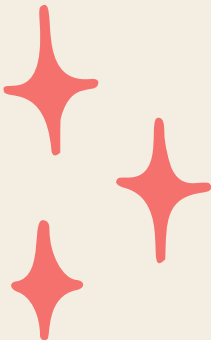
Modeled after the quarterly Regional Forums hosted by GSO, the ICYPAA Forum is an opportunity for ICYPAA attendees to help keep the Advisory Council accountable to those in a sharing session, ask any questions, and have them honestly and transparently answered. Questions/comments may be submitted in person, anonymously by basket, or via email to [advisory@icypaa.org](mailto:advisory@icypaa.org)

## ALCOHÓLICOS ANÓNIMOS

<b>30</b> AUG	<b>11:45 AM - 12:45 PM</b> DULUTH Spanish Speaking
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## ON AWAKENING MEDITATION

<b>29</b> AUG	<b>Sometimes Quickly</b> <b>8:30 AM - 8:45 AM</b> CONRAD B <b>Sometimes Slowly</b> <b>11:30 AM - 11:45 AM</b> CONRAD B
<b>30</b> AUG	<b>Sometimes Quickly</b> <b>8:30 AM - 8:45 AM</b> CONRAD B <b>Sometimes Slowly</b> <b>11:30 AM - 11:45 AM</b> CONRAD B






# GENERAL CIRCUS ACTIVITY

Take a speed run through the circus of general service as the most important role in AA: the GSR. Bridge the gap between boring business meetings and important agenda items for our Society by bringing the group conscience to be heard. Take on 2025 Agenda Items and demystify the process of service work above the group level through this workshop. YPAA aren't the future of AA, they are AA!

29 AUG	1:30 PM - 2:30 PM DULUTH
30 AUG	10:00 AM - 11:00 AM DULUTH 5:15 PM - 6:15 PM DULUTH

An illustration of two stylized figures, a man and a woman, working together to assemble puzzle pieces. The man is on the left, wearing a striped shirt and pants, and the woman is on the right, wearing a light-colored top and a striped skirt. They are both reaching for a puzzle piece that is being placed into a larger structure. There are blue starburst effects around the puzzle pieces.

## MEET UP FOR GUIDED 5K

29 AUG	7:50 AM - 8:00 AM LOBBY
30 AUG	8:50 AM - 9:00 AM DULUTH


KEY:

LIGHT BLUE: PANELS

RED: ENTERTAINMENT

YELLOW: CONFERENCE INFO

# THURSDAY

3:00 PM	Registration & Merch	Red Wing
4:00 PM	How Do I ICYPAA? 	Orchestra C
5:00 PM	Speed Fellowship	Orchestra A

## MAIN MEETING MINNEAPOLIS BALLROOM

6:00 PM DOORS OPEN/HYPE 

6:30 PM BID CITY ROLL CALL

6:45 PM DRUM CIRCLE 

7:00 PM THERESA F. (SHE/HER) NORTH HOLLYWOOD, CA

8:30 PM LOAD ONTO BUSSES

9:30 PM PRE-CON EVENT AT NICKELODEON UNIVERSE



9:15 PM	Drive In Movie	Minneapolis Ballroom Salon E
10:00 PM	Karaoke	Symphony
11:30PM	Out Of This World: Silent Disco	Minneapolis Ballroom Salon A

# FRIDAY




**KEY:**

**TEAL: WORKSHOPS**

**LIGHT BLUE: PANELS**

**RED: ENTERTAINMENT**

12:00 AM	Poor Me, Poor Me, Pour Me a Drink	Marquette IV
12:00 AM	Game Room	Conrad A
12:30 AM	Are You My Higher Power? 	Orchestra C
12:45 AM	Good Orderly Direction	Marquette VIII
8:00 AM	Restraint of Pen and Tongue: Acting to Good Purpose	Marquette VIII
8:00 AM	Guided 5k Run	Lobby
8:30 AM	Fixing Our Cornerstone	Marquette IV
8:45 AM	My Job Is Not My Program	Orchestra C
9:00 AM	Yoga	Conrad BC
9:00 AM	A Student of Life	Marquette VI
9:15 AM	Dunk and Jump Inflatables	Rochester
9:30 AM	To Thine Own Self Be True	Marquette VIII
9:45 AM	Our Common Welfare	Orchestra A
9:45 AM	Incomprehensible Demoralization: 4th Step Workshop	Marquette I
10:00 AM	Anonymity in the Age of Social Media	Marquette IV
10:15 AM	The Power of Service: Home Group Service	Orchestra C
10:30AM	Acceptance is the Answer	Marquette VI
11:00 AM	A Drunk Like Me	Marquette VIII

11:30 AM	LGBTQIAYPAA+	Marquette IV
11:45 AM	Safe Spaces	Orchestra C
12:00 PM	From Grief to Grace	Marquette VI
12:00 PM	HIIT Workout	Conrad BC
12:15 PM	Principles Before Personalities	Marquette VIII
12:30 PM	Plain Language Big Book Workshop and Information Session	Orchestra A
1:00 PM	Step Up: The 12 Steps in 4 hours	Marquette I
1:45 PM	Opposites Attract	Marquette VIII
1:45 PM	Must Have Depth & Weight	Marquette IV
1:45 PM	Yoga	Conrad BC
2:00 PM	High School, High Stakes 	Orchestra C
2:15 PM	Made A Decision	Marquette VI
2:15 PM	All My Relations 	Symphony
2:45 PM	Duck Duck Gray Duck 	Conrad A
3:00 PM	Mario Kart	Conrad D
3:15 PM	May You Find God Now	Marquette IV
3:15 PM	Lighting the Way: Service Sponsorship	Marquette VIII
3:45 PM	Mr. Potato Head	Marquette VI
3:45 PM	Ancient Wisdom, Modern Recovery	Conrad BC



4:00 PM	Traditions & Relationships	Orchestra A
4:15 PM	Fraternizing with Alcohol's Cousins 	Orchestra C
4:45 PM	Becoming Self-Supporting 	Symphony
4:45 PM	Are These Extravagant Promises?	Marquette IV
4:45 PM	Host to Delegate	Marquette VIII
5:15 PM	Service, Strength & A New Mission	Marquette VI

## MAIN MEETING

### MINNEAPOLIS BALLROOM

7:00 PM DOORS OPEN/HYPE

7:30 PM STATE/COUNTRY ROLL CALL

8:00 PM BRITT H-A. (SHE/HER) MINNEAPOLIS, MN

DEETTE L. (SHE/HER) MINNEAPOLIS, MN



10:00 PM	Sound Bath	Conrad BC
10:00 PM	Heavenly Dance	Symphony
10:00 PM	Vicarious Pleasures	Marquette IV
10:15 PM	Movie Room	Conrad D
10:30 PM	Reaching Out the Hand 	Orchestra C
10:30 PM	Underworld Punk Show	Minneapolis
11:45 PM	Game Room	Conrad A

# SATURDAY

KEY:

TEAL: WORKSHOPS

LIGHT BLUE: PANELS


RED: ENTERTAINMENT

12:15 AM	A New Freedom: Coming Out in Sobriety	Marquette IV
12:45 AM	Comedy Show	Minneapolis
3:00 AM	Sunrise Rave	Symphony
8:00 AM	Spiritus Contra Spiritum	Orchestra C
8:30 AM	When Time Doesn't Save You	Marquette VI
8:45AM	Build Your Own God Workshop	Orchestra A
8:50 AM	Guided 5k Run	Lobby
9:00 AM	Asked God to Remove ALL of Our Defects	Marquette IV
9:00 AM	Tech and Traditions	Marquette VIII
9:00 AM	Mindful Movement: Men, Mascos, & Non-Binary Folks	Conrad BC
9:15 AM	The Next Frontier 	Symphony
9:15 AM	Tapping the Inner Resource	Marquette VIII
9:30 AM	Young People in Service	Orchestra C
10:00 AM	Situation Silkworth	Marquette VI
10:30 AM	Wish to Shut The Door On It	Marquette IV
11:00 AM	Bags Tournament and Bracelet Making	Conrad A
11:00 AM	Area and District Service	Orchestra C
11:15 AM	Three Legacies Workshop	Marquette I



11:15 AM	The Dark Crannies of Our Past 	Symphony
11:30 AM	Staying in the Solution	Marquette VI
11:30 AM	Sex Ideals Workshop	Orchestra A
12:00 PM	Who ya gonna call?	Marquette IV
12:00 PM	80's Themed Zumba	Conrad BC
12:00 PM	From Newcomer to New Parent	Marquette VIII
12:30 PM	New and Wonderful World	Orchestra C
12:30 PM	ICYPAA State Fair	Rochester
1:15 PM	The Potential Alcoholic	Orchestra A
1:45 PM	Service not Star-Power	Marquette VI
1:45 PM	What a Concept! Twelve Concepts for World Service	Marquette I
1:45 PM	Mindful Movement: Women, Femmes, & Non-Binary Folks	Conrad BC
2:00 PM	Page 69: Non-Binary & Queer Folks 	Marquette IV
2:00 PM	Page 69: Women & Femmes 	Symphony
2:00 PM	Page 69: Men & Mascos 	Orchestra C
2:15 PM	Packing Up & Staying Put: Moving in Sobriety	Marquette VIII
3:15 PM	Our Only Suggestion is Entire Abstinence	Marquette VI
3:15 PM	AA Multimedia Workshop: Videos, PSAs, & Archives	Orchestra A
3:30 PM	Magic Show	Duluth
3:45 PM	Sober Scholars	Marquette VIII



3:45 PM	Continue to Watch	Marquette IV
4:00 PM	One Step At A Time: Walking Meditation in Sobriety	Conrad BC
4:15 PM	In Search of Belonging 	Symphony
4:15 PM	Speed Sponsorship	Orchestra C
4:45 PM	Special Workers: Intergroup Service Workshop	Marquette I
4:45 PM	Intensive Work with Other Alcoholics	Marquette VI
5:15 PM	Under 21 Club	Marquette VIII
5:15 PM	Walking Each Other Home	Marquette IV




# MAIN MEETING

## MINNEAPOLIS BALLROOM

7:00 PM

DOORS OPEN/HYPE

7:30 PM

SOBRIETY COUNTDOWN

8:15 PM

TERESA H-T. (SHE/HER) BUFFALO, MN




10:15 PM	The Real Grapevine 	Marquette VI
10:15 PM	Trivia	Conrad A
10:15 PM	Movie Room	Conrad D
10:30 PM	Night At The Circus: Silent Disco	Symphony
11:00 PM	Drag Show	Minneapolis
11:00 PM	Laser Tag	Orchestra
11:30 PM	Relapse: Why Can't I Stay?	Marquette IV



# SUNDAY

**KEY:**

LIGHT BLUE: PANELS

RED: ENTERTAINMENT

12:30 AM	Two-Stepping, or All In?	Marquette VI
1:00 AM	Magic Show	Minneapolis
2:30 AM	Midwest Brat Rave	Symphony
8:30 AM	Meditation and Light Stretching	Conrad BC



## MAIN MEETING

### MINNEAPOLIS BALLROOM

10:00 AM SLEEP COUNTDOWN  

10:15 AM KAY W. (THEY/THEM) BROOKLYN, NY

AIDAN C. (HE/HIM) MARIN COUNTY, CA



# AL-ANON PROGRAM

## FRIDAY

10:00 AM	It Works if You Work It: Al-Anon Steps & Tools	Marquette III
2:30 PM	Live & Let Live: Loving Detachment	Marquette III
4:45 PM	New and Wonderful World: Welcome to Al-Anon	Marquette III

### AL-ANON MAIN SPEAKER MEETING

11:30  
AM

MAME O. (SHE/HER) MINNEAPOLIS, MN

DULUTH

## SATURDAY

10:15 AM	From Chaos to Serenity: Let It Begin With Me	Marquette III
11:45 AM	In the Solution, Not The Problem: The Three A's & the Three C's	Marquette III
3:15 PM	Together We Can Make It: The Tool of Sponsorship	Marquette III

### AL-ANON MAIN SPEAKER MEETING

1:30  
PM

JUSTICE K. (SHE/HER) WEST HARTFORD, CT

DULUTH

# YOUR HOST COMMITTEE

## **Steering Committee**

Chair: Jared H.

Co-Chair: Jimmy B.

Program Chair: Danielle J.

Facilities Chair: Dan K.

Treasurer: Lydia S.

Outreach Chair: Jamie K.

Registration Chair: Laya W.

Secretary: Ting W.

Service Liaison Chair: Kevin O.

## **Program Subcommittee**

Program Co-Chair: Kyle H.

Panelist Researcher: Cam G.

Panelist Researcher Co-Chair: Caitlyn P.

Marathon Meeting Chair: Luke J.

AI-Anon Liaison: Sarah S.

## **Entertainment Subcommittee**

Entertainment Chair: Bella O.

Entertainment Co-Chair: Anneliese M.

Pre-Conference Event Chair: Henry H.

Events Chair: Grace L.

Events Co-Chair: Akaelyn A.

## **Facilities Subcommittee**

Facilities Co-Chair: Eric M.

Audio/Visual Chair: George S.

Audio/Visual Co-Chair: Pierce D.

Security Chair: Tom W. H.

Hospitality Chair: Charlie M.

Hospitality Co-Chair: Erica R.

Signage Chair: Praveen W.

Accessibility Chair: Jonah P.

Clean Up & Room Facilitator: Hanock M.

## **Outreach Subcommittee**

Outreach Co-Chair: Tom H.

Minnesota Outreach Chair: Lucy W.

National Outreach Chair: Abbey F.

International Outreach Chair: Ami F.

Social Media Chair: Tannen H.

IT Chair: Josh G.

Calendar Chair: Noah C.

## **Registration Subcommittee**

Registration Co-Chair: Jake S.

Arts, Graphics, and Print Chair: Steph R.

Arts, Graphics, and Print Co-Chair: JP B.

Merchandise Chair: Lydia E.

Souvenirs and Memorabilia Chair: Matt B.

Greeter Chair: Cornell Z.

TC Information & Concessions Chair: Josh B.

## **Service Liaison Subcommittee**

Public Information/Cooperation with the

Professional Community Chair: Curtis R.

Literature Chair: Daniel C.

Grapevine Chair: Michael H.

Co-Treasurer: Avram L.

Archivist: Brendan C.

Member at Large: Alex H.

Member at Large: Alexa N.

Member at Large: Bridgette M.

Member at Large: Bryan B.

Member at Large: Casey B.

Member at Large: Dasha B.

Member at Large: Emery C.

Member at Large: Lia B.

Member at Large: May D.

Member at Large: Rory W.

Member at Large: Rich L.

Member at Large: Ryan F.

Member at Large: Tucker R.

**love you lots**



**and lots and lots**

